

# THE WACHOVIA CAFETERIA 2009-10

## BREAKFAST AND BREAK ITEMS

Juice:	Orange or Apple	\$0.50
Milk:	White or Chocolate	\$0.70
	5 Chocolate Chip Cookies	\$0.75
Cereal:	Frosted Flakes, Fruit Loops, Coco Puffs	\$0.80
2 Pop Tarts:	Brown Sugar, Chocolate, Strawberry	\$1.00
	Chocolate Glazed or Powdered Sugar Donuts	\$0.50
	Iced or Glazed Honey Bun	\$1.00
	Pancake Pup & Syrup	\$1.10
	4 French Toast Sticks and Syrup	\$1.00
	7 French Toast Sticks and Syrup	\$1.60
	2 Sausage Biscuits	\$1.25

## BALANCED AND NUTRITIOUS HOT PLATE LUNCHES\*\*

(Two week rotation)

*All plate lunches served to students by the Wachovia Cafeteria meet DHEC and Clemson's guidelines for balanced and nutritious school lunches.*

### WEEK 1

M	Chicken Rings, Green Beans, Applesauce
T	Super Corn Dog, Corn, Diced Peaches
W	Hamburger, French Fries, Pineapple Chunks
Th	Chicken Strips, Creamed Potatoes, Chocolate Pudding
F	Pizza Parlor Pepperoni Pizza; Jell-O w/ fruit; PK2-G3, Cup Ice Cream; G4-12, Tossed Salad*

### WEEK 2

M	Chic-Fillet Sandwich, Green Beans, Applesauce
T	Hot Dogs, French Fries, Chocolate Pudding
W	Cheese Sticks w/ Marinara Sauce, Corn, Diced Peaches
Th	Chicken Nuggets, Corn, Pineapple Chunks
F	Pizza Parlor Cheese Pizza; Jell-O w/fruit; PK2-G3, Cup Ice Cream; G4-12, Tossed Salad*

\*Tossed Salad may be substituted for ice cream upon request in PK2 - G3.

\*Ice Cream ***may not*** be substituted for tossed salad in Grades 4-12.

**\*\*Plate Lunches: \$3.00 per day or \$15.00 per week WITHOUT DRINK**

**Texas Potato Bar: \$2.00 -- Fresh Garden Salad: \$1.50 -- Salad w/Chicken: \$2.75**